

EXAMPLE CATEGORIES & FOOD

Fruits	Vegetables	Grains	Desserts
Apple	Carrot	Rice	Chocolate cake
Banana	Broccoli	Oats	Ice cream
Orange	Spinach	Wheat	Cookies
Strawberry	Tomato	Barley	Brownies
Grape	Cucumber	Quinoa	Cupcakes
Pineapple	Potato	Cornmeal	Apple pie

Mango	Lettuce	Brown rice	Cheesecake
Watermelon	Onion	Rice Noodles	Pudding
Blueberry	Green beans	Couscous	Donuts
Peach	Corn	Spaghetti	Muffins