

Food Detectives @ Home: Ingredient List Worksheet Estimated Time: 15+ Mins

Greetings Food Detective! It's time to put what you learned into practice. Your mission: Find one food product in your pantry or kitchen (like cereal, snacks, or a drink). Look closely at the front of the package and complete the investigation below.

1. Name & Description of Food Product:		
2. Is your ingredient li	ist LONG or SHORT? (more	than 10 = long) (Circle one)
Sh	ort	Long
3. Can you picture mo	ost of the ingredients in you	ur head? (Circle one)
Ye	s	No
4. What is the flavor marketed on the front of the food product?		
	nt list. Does the flavor mate	th what is marketed on the front? Can you find
Yes	s	No
5. Based on the ingreanswer.	dient list, is the marketing f	for this product telling the truth? Explain your